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Vaikuttaa siltä, että käytit tätä toimintoa väärin etenemällä liian nopeasti. Sinua on väliaikaisesti estetty käyttämästä tätä toimintoa.Jos uskot, ettei tämä ole yhteisösääntöjen vastaista, kerro meille End of Season Training Schedule Last training session at the following venues will be as follows: St Helen’s Pool: Tuesday 26th July St Margaret’s Pool: Friday 29hJuly Harrow Leisure Centre: Saturday 30th July 2022 No Training at all for all squads from 31st July till 16thAugust Summer Break Training will commence on 17th August and ends on 29th August. Summer Time Training days Wednesday 17th and 24th, Saturday 20th and 27th and Monday 22nd and 29th August Summer Time Squad Training times Day Time Squad Monday 7.00pm-8.00pm Foundation, Stroke Development and County Development 8.00pm-9.00pm Academy, Club and Youth Development 7.00pm-9.00pm County Age, Regional Age, performance, Youth and Masters Wednesday 7.00pm-8.00pm Foundation, Stroke Development and County Development 8.00pm-9.00pm Academy, Club and Youth Development 7.00pm-9.00pm County Age, Regional Age, performance, Youth and Masters Saturday 8.00am-9.00am Foundation, Stroke Development and County Development 9.00am-10.00am Academy, Club and Youth Development 8.00am-10.00am County Age, Regional Age, performance, Youth and Masters Training Venue: All training sessions for the summer break will be held at Harrow Leisure Centre Back to normal training for the new season on Wednesday 31st August 2022 Squad timetable for the new season will be published shortly. View all News Harrow Leisure Centre facilities includes a gym, swimming pool & fitness studio. Sign up today for our swim lessons or gym membership,Just about whatever your fitness needs, they're sure to be met at Harrow Leisure Centre. We've got a huge range of activities for you to try, including traditional facilities like our huge 160+ station gym that's packed with all the latest equipment, while our two swimming pools are fantastic for swimmers of all abilities. Furthermore, we also offer a huge range of virtual, video-led group fitness classes, as well as table tennis in a dedicated area. Furthermore, we've also got a nine-metre high climbing wall that's suitable for climbers of all abilities.Booking has never been easier. You can book your classes, sessions or lessons, online or via the Everyone Active App, then follow the steps in our How To Book guide.Harrow's three gyms have got you covered, whatever your fitness goals. With 180 stations across the main gym, strength gym and the bookable target gym, you're sure to find the right work out, whether it's endurance, power or speed you're looking to work on.Our group fitness studio plays host to a variety of different classes. Whatever your fitness goals may be, you're sure to find the right class for you, while the social nature of the sessions means you can meet new people too. For those of you who enjoy swimming, you can choose from our 33m main pool or the 12m teaching pool. If you're just starting out, check in to one of our 300 swim classes each week. WELLNESS, WHENEVER, WHEREVER with Everyone On Demand. Access to our hand-picked fitness and wellness partners. This gives you the freedom to participate in your favourite classes but also try some new ones as well. From fitness and personal training to mental wellbeing and prescribed exercise, there's a service or session to support everyone, no matter how you feel, every day of the week.Alongside our amazing sporting facilities, we can also put on some pretty stunning events that are affordable and flexible to your needs. There's a 2,000-seater hall, as well as a 220-person function suite and a conference room that can seat up to 100 people. Harrow Leisure Centre has not yet filled in its description. Ash M 11 months ago Lots of parking first of all. Ease of access for wheelchairs and prams. At the moment it's 3 hours free parking. The facilities are great and cater for all ages. Soft play, little kickers football and swimming are on my priority at the moment and they offer that. Played badminton the other day and it was good. Space at the back of courts near Wall is limited, so you will be hindered. However, am no pro so didn't make an impact on my game (don't have game tbh). Didn't give it the 5 star treatment as it is a bit outdated. Needs a little revamp. Kim Cannaway 11 months ago Decent place,nice staff busy at times especially if staff aren't making people leave the pool when the time ends. jo Langford 1 year ago It's great to be able to go for a swim again and the centre has it all arranged really well. 1 hour sessions so cleaning can be carried out, and only a limited number at each session to avoid over crowding....BUT.....this being said, I can't wait for it to all return to normal - just being able to go without having to plan and book. My grandson is special needs and I'm 70 so we wouldn't usually pay but having to book online, this is not offered so we have to pay full price which is a shame when on a tight budget. Lovely leisure centre and one I'd recommend as cleaner than others. We use cookies on this site to enhance your user experience By clicking any link on this page you are giving your consent for us to set cookies. Detailed information, also on the right to withdraw consent, can be found in the website's privacy policy. About Everyone Active's Swim School offers a great learning environment for all ages. Our swimming lessons range from parent and toddler sessions right through to adult only lessons. All of our teachers are ASA qualified, with lessons taking place every day of the week. Members of our swim school can progress from our Stage 1 beginners class, to our stage 8 advanced lessons; improving their confidence in the water, swim and breathing techniques. Classes are 30 minutes long and you can pay per month via Direct Debit. We can sign new customers on up to 7 days in advance with lesson times varying each day.If you have any questions, feel free to contact our Swim School Manager Rebecca Edwards. Contact Details Location Harrow Leisure Centre, Christchurch Avenue, Harrow HA3 5BD ContactRebecca Edwards Telephone020 8901 5980 Emailrebeccaedwards@everyoneactive.com URLView website Your browser cannot play this video. Reviews (1) Note. We advise you check these details are up-to-date before planning a visit. We have added a perfect midweek fitness strength and cardio combo every Wednesday morning at 9:15am Read more › Why should we warm-up and cooldown? Read more › New Opening Times! Many of our users have been asking for this so we thought we should deliver! Read more › Good luck to all the participants. Read more › Since summer is here we thought our chosen muscle group for this month will be the Abs, obliques and lower back, altogether known as oure Core muscles. Read more › Body conditioning is June's class of the month. Read more › Harrow leisure centre, situated about 10 minutes walk from Harrow and Wealdstone station, offers a wide range of sports, leisure and recreation facilities including: Soft Play 15 badminton courts 2 function rooms,1200 capacity State-of-the-art gym Women-only gym Spin studio 2 studios Bouldering and climbing wall 2 indoor pools (main pool 33 metres) Sauna Steam room 5 squash courts 3 sports halls café Accessibility facilities: DisabledGo For details see the Harrow leisure centre website. Visit Harrow leisure centre How to get to Harrow leisure centre The closest train station is Harrow and Wealdstone (Underground, Overground, National rail), approximately 7 minutes walk If you plan to visit by bus, the closest bus routes are: H9, H10 There is a pay and display car park. For details of charges see Harrow car parks The Swim England Learn to Swim Programme is a world-leading syllabus, helping children and adults to learn how to swim. It's a fantastic experience that opens up new opportunities for everyone, developing and supporting their competence, safety and enjoyment in the water. This pool offers swimming or aquatics lessons that follow the Learn to Swim Programme. More about Learn to Swim







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